

Focusing Training Eveline Moor Züllig

5 Seminars /4 days each in the period of 2 years, (180 hours training in total) taking place in my little Focusing Center "Casa Civetta" in the Italian part of Switzerland. People after these workshops are so called "**Focusing Begleiter**". That means, they are able to practise Focusing Partnership and to bring Focusing in their professional fields (body workers, teachers, coaching, physiotherapists, etc.).

Special "focus" of these seminars are:

- . **Relationship and Focusing**
- . **The work with creative expressions for the Felt Sense** (such as painting, moving, dancing, singing, searching symbols in the nature and more)
- . **Body work and Focusing**
- . **Handling the "inner critics"**

Since my certification at Stony Point in Nov. 2000, I organized 15 workshops with a total of approx. 140 students. "Casa Civetta", as a guest and retreat house, exists since 1989 and my work is well known amongst our guests, many of them working in social fields, who love to come for Focusing since I am offering it here.

The certificate of a "Focusing Begleiter" is the basic training for a Trainer-in-Training. The participants who desire to go ahead with focusing, are attempting further Focusing formation at the **Focusing Netzwerk**. Every year there is offered a special Training for future TNT's. Held by different teachers. Since four years I make part of the staff. My work at Casa Civetta is in co-operation with the Focusing Netzwerk.

At Casa Civetta I have one trainer colleague, **Sabine Unger** from Munich who is giving the method workshops with me. She is a bodypsychotherapist and an author. Just a few days ago her first book appeared, it is about the "inner critics" and how to deal with them. In the coverpage she mentioned Focusing and Gene's book.

With **Christiane Geiser** I have a warm, near and regular exchange of all what's about Focusing around us. In the **"Casa Civetta"** I invite different guest-teachers every summer, such as *Agnes Wild Missong* (since many years), *Klaus Meyersen*, *Nara Büchel* and others. I like to be connected with the bigger Focusing community here. As well as with the international community. There exists (mail-)connections with Nicoletta Corsetti, Beatrice Lamboy, Mako Hikasa and Edgardo Riveros. I am looking very much to meet them all in Costa Rica.

Eveline Moor Züllig
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